“Do the qualities of transformational leadership influence employees’ job engagement? A survey of the Indian power sector”

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Abstract

The pandemic has put a toll on businesses across the globe, especially power generation as an essential service. The role of leadership is exemplary in driving job engagement in the power sector. The study aims to explore the impact of a leader's inspirational motivation and individualized consideration on employee job engagement in the Indian power sector.

This study is quantitative exploratory research. Using a validated questionnaire, 444 survey responses were taken from executives of major Indian electricity generation utilities. Inspirational motivation and individualized consideration were taken as independent variables, while employee engagement and its components were taken as dependent variables. Statistical methods of simple and multiple correlations were performed using SPSS version 25.

According to the findings, the components of transformational leadership have a positive and significant impact on employee engagement (r = 0.463) and its facets of vigor (r = 0.425), dedication (r = 0.455), and absorption (r = 0.267), respectively. In addition, the finding outlines that transformational leaders propagate their high power and enthusiasm to their workers through inspirational motivation to increase their job engagement. The paper also highlights the role of a leader as a coach and mentor through individualized consideration to cater to followers’ need for growth and achievement. These findings expand the literature on leadership and employee engagement in the Indian power sector.

Keywords

transformational leadership, employee engagement, motivation, management, power sector

JEL Classification D21, D22, D91, L94, M10

INTRODUCTION

Under the effect of the pandemic, organizations are continuously facing challenges in terms of productivity and profits. There is a lot of pressure on organizations to envisage new and innovative methods to align their workforce in a large-scale changing regime. Employee engagement is an indispensable factor in the current business world. On the other side, visionary leadership is inevitable and critical to the growth of any business. Because senior executives have the day-to-day connection and impact over their subordinates, they became the most vital part of the leadership deliberation. Senior leaders can influence their subordinates to stay motivated, increasing their work engagement (Koppula, 2008). Inspirational motivation and idealized influence are other vital factors in the current context. Inspirational motivation is the way of a leader’s behavior that motivates the people around them. Leaders create meaning, challenge their co-workers, and encourage them. Individualized consideration is critical and is
directly connected with enhancing employee engagement. Leaders pay attention to individual followers’ requirements for growth and achievement. Moreover, they act as coaches and mentors to their followers.

Behavioral science and industrial psychologist researchers are looking for appropriate managerial approaches to increase employee commitment and enthusiasm for their jobs. Nowadays, organizations require leaders who can instill a sense of commitment and zeal in their subordinates using behavioral and personality traits such as charisma and broad vision. This will lead to utilizing their talent and efforts to achieve organizational goals. Such leaders are known as transformational leaders (Bass & Avolio, 1997). Leaders successfully prepare challenging and realistic goals, which increase jobholders’ sense of identification, worthiness, and competencies. This study uses inspirational motivation and individualized consideration as independent variables, as they are closely related to employee engagement.

Employee engagement is another variable in this study with its three dimensions: vigor, dedication, and absorption. Vigor implies a high level of energy and mental resilience in workers during work. A worker has an intended stake in the actual work and feels a high degree of perseverance even if there are challenges (Schaufeli & Bakker, 2004). Another aspect of employee engagement is absorption. This involves concentrating on the work, making elapsed time insignificant, and making it difficult for employees to leave (Gonzalez-Roma et al., 2006; Liorens et al., 2007). Having job experience is enjoyable for individuals. They do it to get it, and rewarding high wages for work is not as crucial as others (Bakker & Demerouti, 2007). The third dimension (dedication) is associated with a feeling of importance, inspiration, enthusiasm, challenge, and pride (Schaufeli & Bakker, 2004, 2010). This facet manifests itself when an employee deeply takes part in his or her work (Brown, 1996). With the help of three variables, this study attempts to explore the association between transformational leadership and employee engagement.

1. LITERATURE REVIEW

Jones and Harter (2005) suggested that engagement brings human benefits to the individual who experiences it. The notion of employee engagement has gained traction during pandemic times because it directly predicts job performance (Bakker, 2009; Schaufeli & Salanova, 2007). The Indian power sector has a diverse mix of employees, and it has increased manifold during the pandemic. Therefore, leadership becomes more important in dealing with the current context (Sparks et al., 2001). In addition, the transformational leadership styles assist followers in effectively coordinating with one another, which increases their satisfaction level (Shibru, 2011). Many studies have looked at the association between leadership and employee engagement. However, a few explored the linkage between the individual variables of transformational leadership (inspirational motivation and individualized consideration) versus employee engagement (vigor, dedication, and absorption).

According to Bass et al. (2003), four categories represent transformational leadership as a) inspirational motivation, b) idealized influence, c) intellectual stimulation, and d) individualized consideration. Inspirational motivation refers to leaders who paint a clear and positive picture of the future, i.e., vision for their subordinates and encourage them to work toward achieving organizational goals and primary missions. Idealized influence entails projecting an illustrious image while demonstrating wholehearted respect based on self-confidence in the presence of subordinates. The dimension of individualized consideration depicts the leader’s recognition of their subordinates and the only way to treat them. In intellectual stimulation, a leader spotlights attaining invention and creativity, as well as using new methods of doing work. According to Atkinson’s (1965) motivational theory, motivation is the ability to do work or also to resist doing work. Therefore, aspects of employee engagement, strength and resistance, are addressed, and these concepts are consistent with the definition of motivation (Steers et al., 2004; Latham & Pinder, 2005). Riyanto et al.
(2021) found that employees in the IT industry perform better when motivated, but work satisfaction is unrelated to performance. Although employee engagement does not directly influence performance, it can significantly affect performance when it acts as a mediator through motivation and job satisfaction.

Bass (1999) was a leading researcher in leadership studies who classified leaders as transformational and transactional. The author proposed that “transformational leaders demonstrated superior leadership performance” when they plead to uplift the inner-being of their followers to inspire them and to pursue their discrete self-interest for the bigger goal. Avolio et al. (1999) proposed another definition of transformational leadership. The study defined transformational leaders as influential and charismatic in their power to motivate employees to go above and beyond what was expected of them at work. Focusing on Bass’s conceptualization of leadership, Al-Swidi et al. (2012) outlined that transformational leadership positively influences employee behavior. With these qualities, transformational leaders motivate employees to achieve increased productivity, enhanced service delivery, and problem-solving (Spector, 2004). Burns (1978) also considered the notion of a transformational leader. Bass (2003) was another researcher who worked profoundly on the subject.

Similarly, Seltzer and Bass (1990) highlighted that transformational leaders inspire and encourage their juniors to use new problem-solving methods. Literature highlights that many attributes, e.g., influential, charismatic, trustworthy, inspirational, confident, motivating, world-class, exciting, considerate, and powerful, have been used to describe transformational leaders (Bass et al., 1987; Bass, 1985). Some studies have also found an association between transformational leadership vs. job satisfaction (Pillai et al., 1999), organizational effectiveness (Moore, 2008), job motivation (Macey & Schneider, 2008), withdrawal behavior (Walumbwa, 2005), turnover (Chan & Drasgow, 2001), and job performance (Bass et al., 2003). Kumar et al. (2022) explained satisfaction with the life of employees through employee engagement. The authors have used different control variables and job satisfaction to explain life satisfaction while controlling for employee engagement.

Valldeneu et al. (2021) suggest that managers and leaders who want to see their employees work harder and become more engaged should employ transformational behaviors. To spur widespread engagement, they should strengthen transformational behaviors like being open and consistent and having a clear sense of purpose. Xanthopoulou et al. (2007) showed that resources such as ‘quality coaching’ contribute to employee engagement. Hayati et al. (2014) conducted a survey study on government hospital nurses showing a relationship between transformational leadership and their work engagement. In a similar vein, Zhu et al. (2009) conducted a study on the linkage between transformational leadership and employee engagement. All the quoted researchers proposed and demonstrated a link between transformational leadership and employee engagement, especially when a worker is creative and innovative. However, most of the leading research concentrated on the organizational consequences corresponding to specific leadership approaches like efficiency or performance (Howell & Avolio, 1993; Harter et al., 2002). In an investigation of the Indian IT sector, Renu et al. (2021) found a significant connection between HR practices and corporate image building, which the leaders strive for.

According to Macey and Schneider (2008), employee engagement is the energy a worker devotes to his or her work. A worker also earns efficiency and effectiveness from that work (Maslach et al., 2001). Dedication shares many characteristics with work involvement. This is defined as the degree of connection and identity with the work. Earlier research has found that autonomy (Bakker, 2009) and self-efficacy are essential antecedents of employee engagement due to their inspiring potential (Xanthopoulou et al., 2007). According to the definition by Schaufeli and Bakker (2004), “employee engagement can also be seen as a fluctuating state within the person.” According to Brown (1996), employee engagement is related to high productivity and meeting customers’ needs and desires. The literature review also elaborates on antecedents of employee engagement.
ents of employee engagement, which include social, physical, and mental attributes of the job (Bakker et al., 2005), job stress (Demerouti et al., 2001), training and autonomy at work (Bakker et al., 2007), and work-family frictions (Greenhaus & Beutell, 1985). Yıldız and Özcan (2014) established a conclusive relationship between transformational leadership and subordinate creativity. Gîrneață and Potcovaru (2015) outlined that leadership in any organization has a heavy influence on the culture. Out of various definitions of employee engagement, the most common is given by Schaufeli and Bakker (2004), “positive, fulfilling, work-related state of mind that is characterized by vigor (feeling energetic and resilience at work), dedication (being proud of and happy about one’s work) and absorption (being immersed in one’s work).”

2. AIM AND HYPOTHESES

The goal of this study is to investigate the inter and intra-relationships between the two variables of transformational leadership and employee engagement. This study will evaluate four main hypotheses, \( H_{01} \), \( H_{02} \), \( H_{03} \), and \( H_{04} \). In addition, hypothesis \( H_{01} \) has three sub-hypotheses, \( H_{011} \), \( H_{012} \), and \( H_{013} \).

\( H_{01} \): There is a significant relationship between transformational leadership and employee engagement.

\( H_{011} \): There is a positive relationship between transformational leadership and vigor.

\( H_{012} \): There is a positive relationship between transformational leadership and dedication.

\( H_{013} \): There is a positive relationship between transformational leadership and absorption.

\( H_{02} \): Inspirational motivation and individualized consideration are predictors of vigor.

\( H_{03} \): Inspirational motivation and individualized consideration are predictors of dedication.

\( H_{04} \): Inspirational motivation and individualized consideration are predictors of absorption.

3. METHODOLOGY

Participants in this study were drawn from one of the significant electricity-generating utilities of India. The utility is the single largest public sector organization contributing to approx. 24% of total India’s power generating capacity. This utility was also placed on the list of Forbes Global-2000 in the year 2018. Currently, the organization employs over 18,000 workforces posted in more than 50 plants and offices across India. The company is also known for its best human resource practices and is in the complete value chain of power generation. A convenient sampling method is used for collecting the data.

The questionnaire for two components – inspirational motivation (IM) and individualized consideration (IC) – was assessed using a multifactor leadership questionnaire (MLQ) (Bass & Avolio, 1997). The transformational leadership questionnaire (TLQ) is a part of MLQ, which gauges the transactional and transformational leadership styles. However, the study only used the transformational one in this study and further for two variables only. This includes six questions total, three questions each for inspirational motivation and individual consideration. Bass and Avolio (1997) reported its reliability range of 0.81 to 0.94 based on 14 studies covering various areas like military, financial, industrial, and medical occupations.

The construct of employee engagement (EE) is measured using the 15-item revised short version of the Utrecht work engagement scale developed by Schaufeli and Bakker (2004). This scale evaluates the three underlying facets of employee engagement: a) vigor (5 items), b) dedication (5 items), and c) absorption (5 items). In addition, a 5-point Likert scale was used for perception questions, with endpoints of never (equals 1) and always (equals 5).

4. RESULTS

The data collected were further analyzed using SPSS version 25. Cronbach’s alpha was 0.73 for overall reliability. The internal correlation between vigor, dedication, and absorption was reported to be 0.78, 0.91, and 0.73, respectively.
Table 1 shows the descriptive statistics for demographic variables. The sample size is 444, consisting of executives from different functional areas and grades. The sample represents a good mix of employees working in rural and urban areas where projects are located. First, 81 female and 364 male employees participated in the survey. The average length of employee service is 15 years, and an employee was posted to more than 2 locations in his/her tenure. Third, 23.2% of employees work shift duties, while 76.8% work general day shifts. The average age of respondents is 40 years; 54.5% of employees are graduates, while more than 37% are PG and above. Mean and standard deviations are also shown in Table 1.

Table 1. Demographic profile of respondents

<table>
<thead>
<tr>
<th>Descriptive Statistics</th>
<th>Mean</th>
<th>Std. Deviation</th>
<th>N</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Urban/Remote workplace</td>
<td>0.84</td>
<td>0.371</td>
<td>N = 444</td>
<td></td>
</tr>
<tr>
<td>Urban</td>
<td>72</td>
<td>16.22%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Remote</td>
<td>372</td>
<td>83.78%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Service length (years)</td>
<td>15.01</td>
<td>10.399</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No. of postings in total tenure</td>
<td>2.59</td>
<td>1.595</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shift and day working</td>
<td>0.77</td>
<td>0.423</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shift working</td>
<td>103</td>
<td>23.20%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Day shift</td>
<td>341</td>
<td>76.80%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Employee age (years)</td>
<td>40.07</td>
<td>10.567</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gender (Male or Female)</td>
<td>0.18</td>
<td>0.385</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>363</td>
<td>81.76%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>81</td>
<td>18.24%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Educational qualification (Undergraduate/Graduate/Postgraduate and above)</td>
<td>2.30</td>
<td>0.609</td>
<td></td>
<td></td>
</tr>
<tr>
<td>UG</td>
<td>36</td>
<td>8.11%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Graduate</td>
<td>242</td>
<td>54.50%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PG and above</td>
<td>166</td>
<td>37.39%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Reliability statistics state that scales are consistent and error-free. Therefore, for determining the consistency and reliability of an instrument, Cronbach's alpha should be less than 0.6 at least and considered much more reliable when more than 0.70 (Nunnally et al., 1994).

Table 2. Reliability statistics

<table>
<thead>
<tr>
<th></th>
<th>N = 444</th>
<th>Cronbach's alpha</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vigor</td>
<td></td>
<td>0.860</td>
</tr>
<tr>
<td>Dedication</td>
<td></td>
<td>0.863</td>
</tr>
<tr>
<td>Absorption</td>
<td></td>
<td>0.883</td>
</tr>
<tr>
<td>Employee engagement</td>
<td></td>
<td>0.839</td>
</tr>
<tr>
<td>Inspirational motivation</td>
<td></td>
<td>0.866</td>
</tr>
<tr>
<td>Individualized consideration</td>
<td></td>
<td>0.867</td>
</tr>
<tr>
<td>Transformational leadership</td>
<td></td>
<td>0.856</td>
</tr>
<tr>
<td>Overall Cronbach's alpha (7 items)</td>
<td></td>
<td>0.880</td>
</tr>
</tbody>
</table>

Table 3 displays mean, standard deviations, and simple correlations between the study variables. According to Table 3, transformational leadership (TL) positively correlates with employee engagement (EE) with r = 0.463.

Therefore, the main hypothesis H_{01} is accepted. In addition, a good correlation is found between transformational leadership and components of employee engagement, i.e., a) vigor (r = 0.425), b) dedication (r = 0.455), and c) absorption (r = 0.267), respectively. This is also supporting sub-hypotheses H_{011}, H_{012}, and H_{013}. All these relationships are confirmed at the significance level of p ≤ 0.01.

To test hypothesis H_{02}, the study runs multiple regression with independent variables inspirational motivation (IM) and individualized consideration (IC), keeping the dependent variable of vigor (V). The results are shown in Tables 4-6.

Table 3. Means, SDs and correlations

<table>
<thead>
<tr>
<th>Variables</th>
<th>Mean</th>
<th>Std. Deviation</th>
<th>TL</th>
<th>IM</th>
<th>IC</th>
<th>EE</th>
<th>V</th>
<th>D</th>
<th>A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transformational leadership (TL)</td>
<td>3.7845</td>
<td>0.66976</td>
<td>1.00</td>
<td>0.905</td>
<td>0.897</td>
<td>0.463</td>
<td>0.425</td>
<td>0.455</td>
<td>0.267</td>
</tr>
<tr>
<td>Inspirational motivation (IM)</td>
<td>3.7770</td>
<td>0.72788</td>
<td>1.00</td>
<td>0.665</td>
<td>0.433</td>
<td>0.389</td>
<td>0.411</td>
<td>0.273</td>
<td></td>
</tr>
<tr>
<td>Individualized consideration (IC)</td>
<td>3.7553</td>
<td>0.71190</td>
<td>1.00</td>
<td>0.416</td>
<td>0.387</td>
<td>0.422</td>
<td>0.225</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Employee engagement (EE)</td>
<td>3.7350</td>
<td>0.68997</td>
<td>1.00</td>
<td>0.841</td>
<td>0.813</td>
<td>0.809</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vigor (V)</td>
<td>3.6779</td>
<td>0.78804</td>
<td>1.00</td>
<td>0.572</td>
<td>0.527</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dedication (D)</td>
<td>3.8365</td>
<td>0.84470</td>
<td></td>
<td>1.000</td>
<td>1.000</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absorption (A)</td>
<td>3.6905</td>
<td>0.89089</td>
<td></td>
<td></td>
<td></td>
<td>1.000</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: ** p < .01.
Accordingly, the variables IM and IC are significantly predicting vigor (V) \[F(2,441) = 48.651, p < 0.001, R^2 = 0.181\]. Two aspects of transformational leadership account for approximately 18% of vigor. Furthermore, the results show that IM (\(\beta = 0.236\)) and IC (\(\beta = 0.230\)) have almost equal contributions in explaining the variation in vigor. These results support H$_{02}$.

For testing H$_{03}$, multiple regression was run with independent variables as (IM) and (IC) with the dependent variable as the dedication (D). The results predict that IM and IC are statistically and significantly predicting the dedication (D) \[MR = 0.456, F (2,441) = 58.032, p < 0.001, R^2 = 0.208\]. Together, these dimensions (IM and IC) predict 20.8% of the dependent variable (dedication). It is also noticed that individualized consideration (\(\beta = 0.267\)) is a better predictor of dedication, which also supports the literature review. Thus, H$_{03}$ is also confirmed.

Table 4. Model summary for H$_{02}$

<table>
<thead>
<tr>
<th>Model</th>
<th>R</th>
<th>R Square</th>
<th>Adjusted R Square</th>
<th>Std. An error of the Estimate</th>
<th>Change Statistics</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>.425*</td>
<td>0.181</td>
<td>0.177</td>
<td>0.71488</td>
<td></td>
</tr>
</tbody>
</table>

Note: a. Predictors: (Constant), IC, IM.

Table 5. ANOVA\(^a\) for H$_{02}$

<table>
<thead>
<tr>
<th>Model</th>
<th>Sum of Squares</th>
<th>df</th>
<th>Mean Square</th>
<th>F</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Regression</td>
<td>2</td>
<td>24.864</td>
<td>48.651</td>
<td>.000b</td>
</tr>
<tr>
<td></td>
<td>Residual</td>
<td>441</td>
<td>0.511</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>275.104</td>
<td>443</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: a. Dependent Variable: Vigor, b. Predictors: (Constant), IC, IM.

Table 6. Coefficients\(^a\) for H$_{02}$

<table>
<thead>
<tr>
<th>Model</th>
<th>Unstandardized Coefficients</th>
<th>Standardized Coefficients</th>
<th>t</th>
<th>Sig.</th>
<th>95.0% Confidence Interval for B</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B</td>
<td>Std. Error</td>
<td>Beta</td>
<td></td>
<td>Lower Bound</td>
</tr>
<tr>
<td></td>
<td>(Constant)</td>
<td>1.757</td>
<td>0.198</td>
<td>8.886</td>
<td>0.000</td>
</tr>
<tr>
<td>IM</td>
<td>0.256</td>
<td>0.062</td>
<td>0.236</td>
<td>4.093</td>
<td>0.000</td>
</tr>
<tr>
<td>IC</td>
<td>0.254</td>
<td>0.064</td>
<td>0.230</td>
<td>3.980</td>
<td>0.000</td>
</tr>
</tbody>
</table>

Note: a. Dependent Variable: Vigor.

Accordingly, the variables IM and IC are significantly predicting vigor (V) \[F(2,441) = 48.651, p < 0.001, R^2 = 0.181\]. Two aspects of transformational leadership account for approximately 18% of vigor. Furthermore, the results show that IM (\(\beta = 0.236\)) and IC (\(\beta = 0.230\)) have almost equal contributions in explaining the variation in vigor. These results support H$_{02}$.

For testing H$_{03}$, multiple regression was run with independent variables as (IM) and (IC) with the dependent variable as the dedication (D). The results are shown in Tables 7-9.

Table 7. Model summary for H$_{03}$

<table>
<thead>
<tr>
<th>Model</th>
<th>R</th>
<th>R Square</th>
<th>Adjusted R Square</th>
<th>Std. An error of the Estimate</th>
<th>Change Statistics</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>.456*</td>
<td>0.208</td>
<td>0.205</td>
<td>0.75327</td>
<td></td>
</tr>
</tbody>
</table>

Note: a. Predictors: (Constant), IC, IM.

Table 8. ANOVA\(^a\) for H$_{03}$

<table>
<thead>
<tr>
<th>Model</th>
<th>Sum of Squares</th>
<th>df</th>
<th>Mean Square</th>
<th>F</th>
<th>Sig.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Regression</td>
<td>2</td>
<td>32.928</td>
<td>58.032</td>
<td>.000b</td>
</tr>
<tr>
<td></td>
<td>Residual</td>
<td>441</td>
<td>0.567</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>316.089</td>
<td>443</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: a. Dependent Variable: Dedication. b. Predictors: (Constant), IC, IM.
According to the results shown, the variables IM and IC are statistically predicting the absorption (A) \([F (2,441) = 18.645, p < 0.001, R^2 = 0.078]\). However, it is a weak prediction. The component inspirational motivation (IM) is the only strong predictor \((\beta = 0.222)\) in explaining absorption variance, while individualized consideration (IC) does not contribute to predicting absorption \((\beta = 0.077, p < 0.21)\). Therefore, this hypothesis is partially supported.

### 5. DISCUSSION

According to the findings of this study, two components of transformational leadership have a significant positive association with employee engagement and its three variables. The combination of the research variables taken for the study also provided cognizance of the potential linkage between transformational leadership and work engagement. The study found a relationship between the independent and dependent variables. Furthermore, multiple regression results revealed that transformational leadership components, particularly inspirational motivation, explain a significant variance in work engagement dimensions.

As per the literature review, the leadership measures and conceptualization given by Bass (1985a, 1985b) were based on transactional and transformational leadership theories. The literature review also suggested that transformational leadership is most likely a predictive characteristic of a distinguished leader. Therefore, only transformational leadership was investigated under the objectives of this study. Bass (1985a, 1985b) de-
defined that those workers feel likely to put in an additional effort at their work when they report to leaders who inspire and stimulate their workers, i.e., transformational leaders. According to Avolio et al. (1999), transformational leaders exhibited appealing and magnetic characteristics in their ability to motivate workers to go above and beyond what was expected from them at work. The findings also support Pillai et al. (1999), Chan and Drasgow (2001), and Moore (2008), who found a significant relationship between transformational leadership and different organizational variables.

Furthermore, May et al. (2004) outlined that psychological safety increases employee engagement. Psychological safety may be a sense of self-expression without fearing pessimistic outcomes. The study further adds that supportive and directive leadership can increase psychological safety. Transformational leaders set different performance criteria and standards for their employees without using aggressive or criticized judgment. Individual consideration compels leaders to consider employees’ needs, desires, and aspirations. Therefore, transformational leaders with individual motivation and consideration can set up an appropriate environment, thereby ensuring psychological safety. In this safe environment, workers can freely express their opinions and make suggestions. Harter et al. (2003) also considered this desirable contributory climate in the workplace to increase engagement, involvement, and employee commitment.

**CONCLUSION**

The primary objective of this study was to explore the inter and intra-relationships between transformational leadership and employee engagement. According to the findings, the components of transformational leadership have a positive and significant impact on employee engagement ($r = 0.463$). Furthermore, leadership also has a positive association with the facets of employee engagement, i.e., vigor ($r = 0.425$), dedication ($r = 0.455$), and absorption ($r = 0.267$), respectively.

The study finding outlines that transformational leader propagates their high power and enthusiasm to their workers through inspirational motivation to increase their engagement on the job.

This paper is the first of its kind in the Indian power sector to investigate how some components of transformational leadership influence employee engagement and its variables. More than the focus on magnitudes of relationships, the current study adds value to research by elucidating the psychological aspects (vigor, dedication, and absorption) that underpin the relationship between trans-
formational leadership and employee engagement. The analysis also highlights the role of a leader as a coach and mentor through individualized consideration to cater to followers’ need for growth and achievement. The findings expand the literature on leadership and employee engagement in the Indian power sector.

The study shows that fluctuations in components of transformational leadership can impact employees’ engagement in work individually or as a whole. For example, when a supervisor uses transformational leadership to boost his/her worker’s optimism, a worker becomes more engaged. The results showed that transformational leadership aspects and dedication are significantly positive (MR = 0.456, F = 58.032, P ≤ 0.001). The individualized consideration (β = 0.27) has the most driving factor when depicting the measure of dedication of the sector employees. Furthermore, it can be stated that improvement in transformational leadership abilities helps to increase workers’ performance by positively influencing their engagement. This is directly resulting in productivity and performance benefits to the organization.

With the help of these research outcomes, many suggestions can be outlined to help organizations improve their leadership effectiveness. First, organizations must develop a mechanism for managers and leaders that can bridge the gap between the existing and ideal leadership qualities. This will help to develop dynamic and effective leadership behavior.

The human resource wing of the industries that work for different planned and unplanned interventions for leadership development must understand that these managers and leaders come from different socio-cultural backgrounds and have different work exposures and experiences. They also have different stages of personal development with different preferences for leadership styles. In addition, existing leaders have different psychological factors like desires, motivations, tolerances, and abilities. HR leaders must recognize these differences to draft a solid foundation for leadership development with individual mapping. Great organizations in the power sector have started coaching facilities for their future leaders, thereby supplementing formal training with mentorship programs so that leaders will get continuous feedback on their behaviors. Provided that power generation is a sensitive and essential service for a country like India, organizational leaders require a high level of inbuilt traits of inspirational motivation with individualized consideration for employees. Therefore, transformational leadership may improve work engagement and overall productivity in India’s power sector.

Future research can focus on other variables like personality or psychological traits to yield better and more effective outcomes than general results. This sector-specific research can be extended to other sectors for better interpretation and correlations. Different moderators like gender, income group, and family status can also be studied to find their effect on this relationship. This will help to investigate significant results for improvement in organizational outcomes.

**AUTHOR CONTRIBUTIONS**

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